

## DIETETIC CONSULTANCY

### 1. Composite Codes

| Tariff       | Dietary Services   | Description of service  | 2017_18      |
|--------------|--|---|--------------|
|              |  |   |              |
|              | Initial Consultation   | Assessment of relevant aspects of:  | <b>259.5</b> |
|              | (45 – 60 min)  | <ul style="list-style-type: none"> <li>▷ Lifestyle</li> </ul>   |              |
| <b>84051</b> |  | <ul style="list-style-type: none"> <li>▷ Biochemistry</li> </ul>  |              |
|              |  | <ul style="list-style-type: none"> <li>▷ Anthropometry (weight, height, body frame size, BMI</li> </ul>   |              |
|              |  | <ul style="list-style-type: none"> <li>▷ Diet (24hr recall/3 day nutrition record and nutrient specific food frequency questionnaire plus analysis of data.)</li> </ul> |              |
|              |  | Nutrition Counseling  | <b>0.0</b>   |
|              |  | <ul style="list-style-type: none"> <li>▷ Personal diet plan based on medical dietary requirements, anthropometric assessment,</li> </ul>                                | <b>0.0</b>   |
|              |  | <ul style="list-style-type: none"> <li>▷ Education plus material</li> </ul>   |              |
|              |  | (Literature)  |              |
|              |  | Report to referring professional.   |              |
|              |  |   |              |
|              |  | Nutrition counseling  | <b>120.0</b> |
| <b>84053</b> |  | <ul style="list-style-type: none"> <li>▷ Monitoring</li> </ul>  |              |
|              |  | <ul style="list-style-type: none"> <li>▷ Education</li> </ul>   |              |
|              | Subsequent follow ups (consultation) (15 min)                    | <ul style="list-style-type: none"> <li>▷ Meal planning</li> </ul>   |              |
|              |  | <ul style="list-style-type: none"> <li>▷ Biochemical assessment</li> </ul>  |              |
|              |  | (if necessary)  |              |
|              |  |   |              |
|              | Body composition analysis using bioelectric impedance machine    | Assessment of the body composition.   | <b>110.2</b> |
| <b>84055</b> |  |   |              |
|              |  | Nutrition counseling in groups  | <b>48.9</b>  |
| <b>84015</b> |  | <ul style="list-style-type: none"> <li>▷ Monitoring</li> </ul>  |              |
|              |  | <ul style="list-style-type: none"> <li>▷ Education</li> </ul>   |              |
|              | Group Therapy to a maximum of 12 patients per group, per patient | <ul style="list-style-type: none"> <li>▷ Meal Planning</li> </ul>   |              |
|              |  |   |              |

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## 2. Assessment Codes

| Tariff | Dietary Services            | Description of Service  |       |
|--------|-----------------------------|---|-------|
|        | Lifestyle assessment        | Data collection and interpretation of relevant life style aspects   | 19.7  |
| 84131  |                             |   |       |
|        | Biochemical assessment      | Data collection and interpretation of relevant biochemistry   | 9.7   |
| 84133  |                             |   |       |
|        | Clinical Assessment         | Clinical evaluation and interpretation of signs   | 9.7   |
| 84135  |                             |   |       |
|        | Anthropometric Assessment 1 | Evaluation of height and body frame   | 9.7   |
| 84137  |                             |   |       |
|        | Anthropometric Assessment 2 | Evaluation of body composition  | 39.4  |
| 84139  |                             |   |       |
|        | Anthropometric Assessment 3 | Evaluation of body circumferences   | 9.7   |
| 84141  |                             |   |       |
|        | Nutrition assessment 1      | 24 hr recall/3 day food record and nutrient specific food frequency questionnaire analysis and evaluation | 100.2 |
| 81143  |                             |   |       |
|        | Nutrition assessment 2      | Nutrient Analysis with a computer soft ware and interpretation  | 117.8 |
|        |                             |   |       |
|        | Monitoring                  | Evaluation of treatment implementation  | 29.7  |
| 84145  |                             |   |       |

## 3. Treatment Codes

| Tariff | Dietary Services    | Description of Service   |       |
|--------|---------------------|--|-------|
|        | Nutrition Education | Explanation of nutrition principles  | 58.9  |
|        | Diet Planing        | Determination of diet prescription and for energy, macronutrients and micronutrients diet plan for | 100.2 |

|  |   |               |     |
|--|---|---------------|-----|
|  | Explanation of the: Food guide pyramid for planning meals | Meal Planning | 0.0 |
|  | The plate model as tool to plan meals                     |               | 0.0 |
|  | The Exchange system as tool to plan meals                 |               | 0.0 |